Montana Chef Competition Culinary Excellence Award Silver Class: Main Course



Recipe Name: Slow Braised Montana Legend
Brand Beef Short Ribs and Cheddar Polenta with
Ancho Chile Broth and Parmesan Tuile

Chef: Rick Hilles

Restaurant: Triple Creek Ranch

Montana Ingredients: Montana Legend Brand beef.

Yield: 4 servings

Chef Profile:

Rick Hilles of Triple Creek Ranch, 5551 W. Fork Stage Route, Darby, received two Gold Class awards and a Silver Class award in the Culinary Excellence Award program held recently at Buck's T-4 Lodge in Big Sky.

Hilles's Gold Class award was in the appetizer category for a creation titled: Amaltheia Goat Cheese and Roasted Heirloom Beet Terrine with Pink Lady Apples and Apple-Pepper Gastrique. His additional Gold Class award was in the dessert category for a creation titled: Poached D'Anjou Pear with Wilcoxson's Mountain Berry Ice Cream, Shortbread Cookie and a Duo of Huckleberry and Chocolate Coulis. His Silver Class award was in the main course category for a creation titled: Slow Braised Montana Legend Beef Short Ribs and Cheddar Polenta with Ancho Chile Broth and Parmesan Tuile. (See recipes.)

| Amount | Ingredients |
|------------|---|
| Short Ribs | |
| 4 ea | Montana Legend Brand beef short ribs |
| 3 ea | Ancho chile, dried, toasted until gives off fragrance |
| 1 ea | Yellow onion, sliced |
| 4 ea | Garlic cloves |
| 6 Tbsp | Worcestershire sauce |
| 1 Tbsp | Soy sauce |
| 6 Tbsp | Brown sugar |
| 4 quarts | Water |
| 4 tsp | Salt |
| | Pepper |
| Polenta | |
| 1 cup | Polenta |
| 2 cups | Milk |

1 cup Water

½ cup Unsalted, butter

½ cup Cheddar cheese.grated 2 Tbsp Parmesan, grated

1 ea Thyme, fresh small bunch

1 each Bay leaf

Salt

White pepper

Garnishes: Grate parmesan cheese and using a ring mold place a thin layer of cheese on a baking sheet. Bake in a 350 degree oven until golden. Remove from sheet immediately to a cool surface to allow tuiles to crisp. Reserve in a dry location.

Method:

Short Ribs

De-bone the short ribs (if necessary) and season with salt and pepper. Wrap in plastic and refrigerate overnight. Sear the short ribs. Add remaining ingredients, bring to a simmer on the stove top, cover tightly and place into a 325° oven for approximately 3 hours or until very tender. Allow short ribs to cool slightly, then carefully remove from liquid. Remove onions from liquid and reserve. Strain braising liquid thoroughly and adjust seasoning.

Polenta

Combine milk, water, bay leaf and thyme. Bring to a boil, remove from heat and cover with plastic film. Allow herbs to steep in liquid for 30 minutes. Remove thyme and bay leaf, return to stove and bring to a boil. Wisk in polenta, return to a boil, cover tightly and place in a 350 degree oven for about 25 minutes, stirring occasionally. Incorporate butter, parmesan and cheddar. Season with salt and pepper.

Presentation / Plating Notes: Place cheddar polenta in a bowl. Place short rib on top of polenta and top with reserved braised onions. Pour ancho chile broth around polenta. Top with parmesan tuile.